

WILDERNESS FIRST AID COURSE
Sponsored by University of Colorado Mountain Research Station
and the NOLS Wilderness Medicine Institute

DATES: June 12-13, 2014
COST: \$175.00 Tuition and materials (no accommodation or meals included)
LOCATION: TBC: Boulder, Colorado or Mountain Research Field Station (outside of Nederland, Colorado)

COURSE DESCRIPTION

Whether spending time in the backcountry is your passion or your profession, you should never have to ask, "What do I do now?" In this fast-paced and hands-on course, you will learn how to prepare for the unexpected. The NOLS Wilderness Medicine Institute's (WMI) curriculum includes many advanced topics that other programs leave out such as dislocation reduction and epinephrine administration. In just two days, you will have the knowledge, skills and ability to make sound decisions in emergency situations. This course is ideal for field scientists, trip leaders, outdoor enthusiasts and individuals in remote locations. WMI's course is pre-approved by such organizations as the American Camping Association, the United States Forest Service and other governmental agencies. This course does not include CPR.

CLASS FORMAT AND EQUIPMENT

Check in is at 7:45am on the first day of the course. Course days run from 8:00am to 5:00pm. The class format is classroom lectures integrated with practical scenarios. Scenarios and practice sessions will take place both inside and outside. Bring outdoor clothing appropriate for lying on the potentially wet, snowy and/or cold ground playing the role of both rescuer and patient. Frequently stage (moulage) blood and make-up are used to emphasize the reality of a scenario. The classroom environment generally lends itself to a pair of comfy shoes or slippers and a camp chair. Please come equipped with a light daypack, waterproof top and bottoms, light hiking boots and layers well suited for spending time outside.

RECERTIFICATION REQUIREMENTS

WMI graduates may take a Wilderness First Aid (WFA) course to recertify their WAFA, WFR or WEMT (wilderness portion only). WMI certifications will be afforded a one-year period after expiration within which to recertify. This course cannot be used as a WFR or WEMT re-certification course if you hold a certification from a provider other than WMI. For further information, see the Recertification FAQ portion of our website at www.nols.edu/wmi/admissions/recertification.shtml. If recertifying, you must submit a photocopy of your current certification card(s) on the first day of the course. We cannot issue you a new certification until we verify your previous training. Participants using the WFA course to recertify their WFR will be required to pass both a written and a practical test on the second day of the course. Check the following web page for information and resources on how to best prepare for your course: <http://rendezvous.nols.edu/content/category/48/268/964/>

REGISTRATION/POLICIES

Register for the course by sending the registration form to either:

Electronic mail: alice.hill@colorado.edu

Postal mail: Alice Hill – UCB WFA, PO Box 1104, Boulder, CO, 80306

Tuition payment in full is required to reserve your spot in the course. Tuition can be paid by CU-Boulder internal speedtype, or by personal check. Checks should be made out to 'University of Colorado' and sent to the postal address above. If paying by speedtype, contact alice.hill@colorado.edu for details on arranging payment. The tuition fee covers textbooks, syllabus, equipment and certification cards. A full refund will be given if we need to cancel the course for any reason.

CANCELLATION AND REFUND POLICY

If a student cancels or withdraws from a course:

- Prior to May 8, full tuition will be refunded.
- After May 8, no refunds will be given.

WMI STUDENT AGREEMENT

(Including Assumption of Risks and Agreements of Release and Indemnity)

Please download this agreement at http://www.nols.edu/wmi/pdf/wmi_agreement.pdf and read it carefully as it affects your legal rights. Bring the two-page signed document to the first day of the course. If you are a minor, a parent or guardian must sign the document as well. Without a signed document, you cannot participate in the course. **WMI participants, including minors, will have unsupervised free time throughout the course. Any activities during the free time are not part of the WMI program and are at the sole risk of the participant.**

COLLEGE CREDIT

Pre-Course: The WFA course is pre-approved for one semester hour credit through Western State Colorado University (WSCU) for an additional cost of \$100. Thirty days prior to the WMI course, interested students must initiate registration and payment for credit by requesting an enrollment form for WSCU from WMI.

On-Course: The WFA course is pre-approved for one semester hour credit through the University of Utah for an additional cost of \$95. If you are interested in receiving college credit, please inquire with your instructors on the first day of class for the necessary information.

COURSE POLICIES

PETS ARE NOT ALLOWED AT THE COURSE SITE. This includes leashing them outside. Any student bringing a pet to class will be asked to leave until the pet is safely situated in a kennel or other facility. No exceptions.

NO ALCOHOL OR TOBACCO IS ALLOWED ON-SITE.

CONTACT INFORMATION

Please contact alice.hill@colorado.edu with any questions or concerns you may have. Alice will be in the field May 20-May 30 so please expect delayed response time over that period.



NOLS Wilderness Medicine Institute

Wilderness First Aid Course Schedule

DAY 1

Morning

Introductions
Patient Assessment System

Afternoon

Emergency and Evacuation Plans
Spine Injury
Head Injury
Shock
Wilderness Wound Management

DAY 2

Morning

Wilderness Wound Management (cont.) Scenario
Musculoskeletal Injury
Heat Illness

Afternoon

Scenario
Cold Injury
Lightning
Altitude Illness
The Medical Patient
Anaphylaxis
Closure